# DAY & OVERNIGHT PACKAGES

Located Within Best Western Walton Park Hotel Wellington Terrace Clevedon North Somerset BS21 7BL 01275 874253 info@waltonparkhotel.eclipse.co.uk www.waltonparkhotel.co.uk 15mins from Bristol City Centre Junction 20 - M5 and 10mins from Junction 19 M4 Bristol



#### **Cancellation policy**

We require 24 hours cancellation notice. If you fail to arrive for an appointment, the full price will be charged. If you are late for a treatment the therapist will perform as much of the treatment as possible in what time remains. You must be over 16 years old.

#### **Contra-Indications**

If you have any medical requirements that we should take into account, such as heart conditions, High/Low Blood Pressure, Circulatory disorders, Skin conditions, Epilepsy, Diabetes, Allergies or you are pregnant, you should seek the advice of your Doctor. We will not perform treatments on any client in their first 12 weeks of pregnancy, unless otherwise agreed. If you do not let us know of any medical or special requirements prior to your visit we cannot guarantee that we can fully accommodate you on your visit. If you have any concerns please consult your Doctor. If any treatment is found unsuitable we will recommend an alternative where possible, subject to availability. All treatment times are approximate. You will be required to fill in a health questionnaire on your arrival.

> Method of Payment We accept all major Debit & Credit cards & Cash Payment prior to Treatments & Paid directly to: Coast's Treatment Room Clevedon



Web-site:www.coaststreatmentroom.co.uk Day Lunch & Overnight Dinner Packages

# COAST'S TREATMENT ROOM

Hello & Welcome, Breath in & Relax you're beside the seaside. Step into our world of Relaxation and Retreat from your life for a while. Let us look after you.. Put your feet up! Come and Relax with us reconnect and rebalance breath in the sea air enjoy lovely coastal views.

# ASK ABOUT LUNCH & TREAMENT OFFER

Book 1hr treatment & Lunch and enjoy a glass of Prosecco. From £69.00

#### ABOUT US

Were independently owned & operated from the Walton Park Hotel Clevedon. Our Therapists have over 25 years of treatment experience. This is a very special place, aims to give you energy restoring treatments on heated massage s beds. **DONT WANT TO GO HOME** 

If you feel like you don't want to leave then you could always book to stay in the hotel.

HOTEL Outstanding Wedding Venue with the award winning Somerset Restaurant, 45 Lavishly furnished bedrooms most with magnificent sea views Only 35mins from Bath, Reading is 1hr 15mins away This an ideal getaway location.



# RETREAT BY THE SEA

COAST'S



Clevedon

- Walton Park Hotel -

# HOLISTIC~ MASSAGE~ BEAUTY -THERAPIES-

Coast's Treatment Room provide the Perfect place to come and withdraw from your daily schedules, giving you time to retreat 'be pampered' reflect and rest. Tailored treatments with Therapist's that have over 25 years of skilled experience. Step into our world and leave yours behind, we aim to ensure you leave feeling rested, restored and balanced. We are here to Treat You.

E-mail:coaststreatmentroom@aol.co.u Vouchers / Presented in Lovely Gift Bag To Book Ring/Text: 0741 352 9133 Find us on Facebook

#### MASSAGE TREATMENTS



Massage is very important it restores nce gives instant relaxation and aids everyone. Blended warm aroma oil help to relax you. We recommended weekly massage in are stressful lifestyles. Our therapists have finely tuned & skilled touch, attuning your body removing blocked tensions aiding your body to release positive healing energy.

• Holistic Massage includes: Head & Reflexology pressure points ultimate Tailored Rebalancing Massage Treatment

<b>£65.00 90min</b> s	£50.00 60mins
Holistic Massage with Reflexology	£55.00 70mins
Back/Head/Neck/Shoulders Massage	£30.00 30mins
Remedial Deep Tissue Back Massage	£43.00 60mins
Pre-Blended Aroma Oils Body Massage	£42.00 60mins
Upper Head Neck Back Massage with Facial	£45.00 60mins
Full Body Massage	£40.00 60mins
• Couples Massage Package Includes glass Prosecco.	£99.00 60mins

#### SPORTS MASSAGE

Michelle Welling SMFHT Michelle has been qualified & providing sports massage since 2003, she gained valued experience from working for RFC as the team masseur alongside the physic department. Following this she provided treatments from the Madejski holel Reading until 2011. She treats varies body muscle imbalances, aches and pains. Not included in any pamper packages.

Sports Massage - 60mins *	£50.00 60mins
● Sports Massage –course of 4- 1hr Treatments	£180.00
Sports Massage – 30mins *	£35.00 30mins
HEAD MASSAGE	



•Relaxation Head Massage £40.00 60mins

<ul> <li>Relaxation</li> </ul>	Head Massage	

Day Lunch & Overnight Dinner Packages

£30.00 30mins

### HOT STONES MASSAGE



The Hot stones work in two ways the warmth induces a relaxed calm feeling intensely deep relaxing heat that induces a totally relaxed state of mind & body

●Hot Stones Ultimate Holistic Massage	£60.00 80mins
● Hot Stones Holistic Full Body Massage	£50.00 65mins
● Hot Stones Face/Head/Neck/Shoulders Massage	£30.00 30mins
Hot Stones with Reflexology	£55.00 70mins

#### **BRIDAL TREATMENTS**



•Bridal Make-up and Treatment Packag •Wedding Make-up subject to availability •Eyebrow Shape

£125.00 2hrs £50.00 60mins £12.00 15mins

#### **O.P.I MANICURE & PEDICURE TREATMENTS**



 Standard O.P.I Pedicure Soak – Foot Massage – File – Shape – Buff – Paint

Male Pedicure

£30.00 30mins Soak - File - Hard skin - Foot Massage

# REFLEXOLOGY



The philosophy behind reflexology is meridian lines of energy, these energy therefore showing up imbalances of energy. This is a remarkable treatment and well worth a go, we can tell so much about your body from your feet.

Reflexology	Course of 4 - £140.00	£40.00 60mins
Reflexology		£30.00 35mi
Reflexology w	vith hot stone feet only	£50.00 65mins

#### HOLISTIC FACIAL TREATMENTS



Coast's Treatment Room offer three amazing Holistic Facials tailored to your skins needs, for all skin types. Anti-aging and deeply restoring relaxing facial treatments, using an award winning organic range combined with pressure point facial massage techniques to aid skin repair and boost glow and firmness. With warm steam towels giving you a facial workout with amazing results.

Moisturising Serums Oils Balms and Creams help to Rejuvenate Firm

Coast's No1 – Ultimate Holistic Facial	£45.00 60mir
ncludes Holistic Facial with Head & Upper Back M	lassage
Coast's No2 – Ultimate Holistic Facial	£42.00 60mir
Coast's No3 – Restore Holistic Facial	£32.00 30mi



•NYR Back Detoxifying Treatment £60.00 65mins Frankincense & Mandarin or Geranium & Orange Back Treatment. Exfoliating Seaweed salt scrub.A deep cleansing Body Polish with Light. brushes to detox using massage strokes throughout treatment.

To Book Ring/Text: 0741 352 9133